



PUBLIC HEALTH is the heart of a healthy community. It touches all lives, from the young to the old.

PROTECT, PROMOTE and IMPROVE are key words describing the mission of **PUBLIC HEALTH**.

 **PROTECT— FROM HEALTH THREATS**

 **PROMOTE—GOOD HEALTH**

 **IMPROVE— HEALTH STATUS**

The Loudon County Health Department offers a variety of services to carry out this mission. Health professionals available include nurses, nurse practitioner, nutritionist, social worker, health educator, environmentalist, clerical personnel, and Spanish interpreter, among others.



IMMUNIZATIONS

Childhood and Adult vaccinations are available to protect against many diseases. Children’s immunizations provided include DTap and Tdap (diphtheria, tetanus, pertussis), Hepatitis B, Hib, pneumococcal conjugate, polio, rotavirus, MMR (measles, mumps, rubella), varicella, Hepatitis A, HPV, and meningitis.

Adult immunizations provided are Hepatitis B, Hepatitis A, HPV, meningitis, MMR, pneumonia, tetanus, Tdap, and varicella. In addition, flu shots are available in season for both children and adults. Costs vary from no charge to sliding scale fee to full pay, depending on the vaccine.

WIC (WOMEN,INFANTS,CHILDREN)

WIC is a supplemental nutrition program for women, infants and children. WIC services are available free of charge to: pregnant women, new moms up to six months after delivery, breastfeeding moms up to one year after delivery, infants and children under the age of five years who live in Tennessee and meet income guidelines. WIC income guidelines are 185% of Federal Poverty Guidelines.

WIC provides food instruments which can be used at local stores for milk, cereal, juice, cheese, eggs, peanut butter, whole grain products, dry beans, fresh/frozen fruits and vegetables, infant formula, baby food and infant cereal. WIC also offers breastfeeding guidance and support, healthy

eating education, and referrals for a variety of services.

HEALTH SERVICES FOR CHILDREN

EPSDT EXAMS

(EARLY, PERIODIC, SCREENING, DIAGNOSIS, TREATMENT)

Well child check-ups are a major priority of the health department. Physical exams and health screenings are available at no charge for children with TennCare from birth to age 21 years. An EPSDT Exam is comprehensive and requires the following components:

- * Health and developmental history
- * Unclothed physical exam
- * Vision screening
- * Hearing screening
- * Laboratory tests
- * Immunizations
- * Health education/anticipatory guidance

“This institution is an equal opportunity provider.”

Community Outreach

Community Outreach works to assure babies, children, teens and young adults receive medical, dental, and behavioral health services entitled to them as TennCare recipients. Community Outreach workers participate in a variety of community outreach events.

HOME VISITING PROGRAMS

HUGS (HELP US GROW SUCCESSFULLY) &

CHAD (CHILD HEALTH & DEVELOPMENT)

The HUGS and CHAD Programs provide ongoing home visits and support for either prenatal clients, infants or children under six years of age who are at risk for medical problems or developmental delays. Services given are: parenting skills education, preventive health teaching, early childhood education, medical care coordination, and prenatal education.

CHANT

Home visiting

(CHILDREN’S SPECIAL SERVICES)

The CSS Program assists with medical treatment for children from birth to 21 years age who have a chronic illness or a medical condition which may affect the functioning of a child. A team approach is used to assist families in obtaining coordinated and comprehensive health care for their child. Services covered are medical supplies/drugs, therapy, hearing evaluations, and special foods.



HEALTH SERVICES FOR WOMEN

EXAMS AND FAMILY PLANNING

Women's Health and Family Planning patients receive a complete physical exam, and all appropriate lab tests, including pap smear. Reproductive health education focuses on different birth control methods, and provides birth control based on sliding fee scale, if desired. In addition, referrals for vasectomies are provided for men. ECP (Emergency Contraception) is also available.

PRENATAL SERVICES

Urine pregnancy tests are available. If positive, patient is screened for presumptive eligibility for TennCare, related paperwork is completed, and patient is referred for prenatal care.

BCS (BREAST & CERVICAL CANCER SCREENING PROGRAM)

The BCS Program provides clinical breast exams, pap smears, and mammograms for women 50-64 years of age, and women 40-49 years with abnormal breast exams who meet program guidelines.

COMMUNICABLE DISEASE SEXUALLY TRANSMITTED DISEASE

The health department provides preventive education, confidential testing, treatment, and partner notification for sexually transmitted disease, including HIV/AIDS.

INFECTIOUS DISEASE CONTROL

Designated reportable infectious diseases are investigated and monitored by the Health Department. Appropriate intervention and follow up is done to ensure there is no disease outbreak.

TUBERCULOSIS CONTROL

Patients diagnosed with tuberculosis receive medication and follow up care through the health department.

VITAL RECORDS

Certified copies of birth certificates can be obtained for TN births from 1949 to present at a cost of \$15 a copy,. Certified death certificates can also be obtained (in county where person died) at a cost of \$15 each.

HEALTH PROMOTIONS

A health educator works with individuals and groups to provide information on a variety of topics related to a healthy lifestyle. Special emphasis is given to tobacco and teen pregnancy prevention, obesity, rape prevention, and diabetes control.

ENVIRONMENTAL HEALTH

Environmentalists inspect food service establishments, motels, public swimming pools, schools, child care facilities, camps, and tattoo/body piercing businesses. Inspections monitor safety and sanitation standards, as well as compliance with the Non-Smoker Protection Act. In addition, Environmentalists facilitate rabies vaccination clinics, and conduct rabies and West Nile Virus investigations.



FOR MORE INFORMATION CONTACT:

Teresa Harrill

County Director

Teresa.harrill@tn.gov

Meet Your Local Health Department

LOUDON COUNTY HEALTH DEPARTMENT



600 Rayder Avenue

Loudon, TN 37774

Telephone: (865) 458-2662

Fax: (865) 458-8587

Hours: M-F, 8:00 AM-4:30 PM